

PSALMS FOR DAILY PRAYER

| | SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|-------------------|--------------------------------------------------------|-----------------------------------------|----------|----------------------|--------------------------------------------------------|--------------------------------|----------|
| ADVENT | | | | | | | | |
| Morning | | 24, 150 | 122, 145 | 33, 146 | 50, 147:1-12 | 18:1-20; 147:13-21 | 102, 148 | 90, 149 |
| Evening | 80, 72 | 25, 110 | 40, 67 | 85, 94 | 53, 17 | 126, 62 | 130, 16 | |
| CHRISTMAS | | <i>December 24</i> Evening Prayer | 132, 114 | | | <i>December 31</i> Morning Prayer Evening Prayer | 98, Laudate Psalm* 45, 96 | |
| | | <i>December 25</i> Morning Prayer Evening Prayer | 2, Laudate Psalm* 98, 96 | | | <i>January 1</i> Morning Prayer Evening Prayer | 98, Laudate Psalm* 99, 8 | |
| | | <i>December 26</i> Morning Prayer Evening Prayer | 116, Laudate Psalm* 119:1-24; 27 | | | <i>January 2</i> Morning Prayer Evening Prayer | 48, Laudate Psalm* 9, 29 | |
| | | <i>December 27</i> Morning Prayer Evening Prayer | 34, Laudate Psalm* 19, 121 | | | <i>January 3</i> Morning Prayer Evening Prayer | 111, Laudate Psalm* 107, 15 | |
| | | <i>December 28</i> Morning Prayer Evening Prayer | 2, Laudate Psalm* 110, 111 | | | <i>January 4</i> Morning Prayer Evening Prayer | 20, Laudate Psalm* 93, 97 | |
| | | <i>December 29</i> Morning Prayer Evening Prayer | 96, Laudate Psalm* 132, 97 | | | <i>January 5</i> Morning Prayer Evening Prayer | 99, Laudate Psalm* 96, 110 | |
| | | <i>December 30</i> Morning Prayer Evening Prayer | 93, Laudate Psalm* 89:1-18; 89:19-52 | | | <i>January 6</i> Morning Prayer Evening Prayer | 72, Laudate Psalm* 100, 67 | |
| EPIPHANY | see General below | | | | | | | |
| | SATURDAY | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LENT | | | | | | | | |
| Morning | | 84, 150 | 119:73-80; 145 | 34, 146 | 5, 147:1-12 | 27, 147:13-21 | 22, 148 | 43, 149 |
| Evening | 31, 143 | 42, 32 | 121, 6 | 25, 91 | 27, 51 | 126, 102 | 105, 130 | |
| EASTER | | | | | | | | |
| Morning | | 93, 150 | 97, 145 | 98, 146 | 99, 147:1-12 | 47, 147:13-21 | 96, 148 | 92, 149 |
| Evening | 23, 114 | 136, 117 | 124, 115 | 66, 116 | 9, 118 | 68, 113 | 49, 138 | |
| GENERAL | | | | | | | | |
| <i>Week 1</i> | | | | | | | | |
| Morning | | 103, 150 | 5, 145 | 42, 146 | 89:1-18; 147:1-12 | 97, 147:13-21 | 51, 148 | 104, 149 |
| Evening | 138, 98 | 117, 139 | 82, 29 | 102, 133 | 1, 33 | 16, 62 | 142, 65 | |
| <i>Week 2</i> | | | | | | | | |
| Morning | | 19, 150 | 135, 145 | 123, 146 | 15, 147:1-12 | 36, 147:13-21 | 130, 148 | 56, 149 |
| Evening | 118, 111 | 81, 113 | 97, 112 | 30, 86 | 48, 4 | 80, 27 | 32, 139 | |
| <i>Week 3</i> | | | | | | | | |
| Morning | | 67, 150 | 57, 145 | 54, 146 | 65, 147:1-12 | 143, 147:13-21 | 88, 148 | 122, 149 |
| Evening | 100, 63 | 46, 93 | 85, 47 | 28, 99 | 125, 91 | 81, 116 | 6, 20 | |
| <i>Week 4</i> | | | | | | | | |
| Morning | | 108, 150 | 62, 145 | 12, 146 | 96, 147:1-12 | 116, 147:13-21 | 84, 148 | 63, 149 |
| Evening | 125, 90 | 66, 23 | 73, 9 | 36, 7 | 132, 134 | 26, 130 | 25, 40 | |

*Sunday—150; Monday—145; Tuesday—146; Wednesday—147:1-12; Thursday—147:13-21; Friday—148; Saturday—149